



# ADHD Treatment Assessment

THIS GUIDE IS MEANT TO HELP YOU REVIEW YOUR OR YOUR CHILD'S CURRENT ADHD TREATMENT APPROACH WITH YOUR DOCTOR.

Remember to bring important documents or information to your appointment, including a complete list of all your/your child's current medications.

Always talk to your child's teacher before a medical review so your doctor knows how your child is managing academically—an important factor in gauging your child's response to treatment.

For adults, having your spouse or a person close to you provide some feedback can be helpful.

Answering the following questions could give you and your doctor a quick idea of how well you feel your or your child's ADHD is being managed with the current treatment.

HAVE YOU/HAS YOUR CHILD BEEN EXPERIENCING TROUBLE WITH:	YES	NO
Paying attention		
Controlling emotions		
Managing behaviours		
Processing information and ideas (known as "cognitive functioning")		
School-related skills (or "academic performance")		

	YES	NO
Do you/does your child have trouble falling asleep?		
Have you/has your child had stomach aches or nausea?		
Have you/has your child been experiencing headaches?		
Have you/has your child had decreased appetite?		
Any other symptom or side effect not listed? _____		

Are there any other questions or concerns that you have about symptoms or your/your child's current treatment program?

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